

## FROM EDITORS

Dear Readers,

This summer volume of APP we would like to start with one of the European Psychiatry leader's, Prof. Wolfgang Gebel's editorial on the latest revision of the International Classification of Diseases ICD11. Following approval of the ICD-11 by the World Health Assembly in May 2019, World Health Organization (WHO) member states will transition from the ICD-10 to the ICD-11, with reporting of health statistics based on the new system to begin on January 1, 2022. It will illustrate a set of new categories that have been added to the ICD-11 and present the rationale for their inclusion. This information is intended to be useful for both clinicians and researchers in orienting themselves to the ICD-11 and preparing for implementation in their own professional contexts.

The next manuscript by Arthur Saniotis from the Hawler Medical University Irbil will take us to the field of evolutionary psychiatry, offering a more integrative and comprehensive approach towards understanding the complex relationship between neuro-hormonal-endocrine regulation and human affectivity. Next, we introduce the Kleszczewska Albińska's research study on cardiac patients, focusing on analyses of mutual relationships between sense of coherence, psychological well-being, and self-efficacy. Following, there is a large study by Bernadetta Izydorczyk, whose main objective was to explore the predictive role of social resources in maintaining psychological well-being in adults suffering from paranoid schizophrenia. Then we present Charmi Shah's Indian study of various factors affecting compliance in schizophrenia, followed by a case report series on Psychiatry and Organicity Interface. Finally, from this part of the world we will introduce a case report about Psychosis with Lacosamide. Continuing transcultural psychiatry discussion, we introduce the next article by Jakub Lickiewicz "The Perception of Aggression towards the Medical Personnel of Psychiatric Wards in Poland and in Norway – a Comparative Analysis". The next article comes from Iran and was to investigate the effectiveness of play-based empathy training on social skills improvement in autistic students. Last but not least, we will introduce the literature review regarding contemporary views on shyness by Magda Chęć.

What this entire collection of articles has in common is probably amongst the most fascinating features of original work: creativity. It is a truly exciting feeling, yet if not immediately followed by hard work, also one that might turn out to be but a fleeting thought. Oftentimes a time-consuming endeavor, article writing takes their authors on a creative journey through which their works evolve and extend in directions initially unknown or unthought of. And there is nothing wrong about that. Vision, muse, inspiration, or whatever we call it, is there to help us force the door that used to be locked tight. What we decide to do upon crossing the threshold is yet another story...

We wish you a pleasant read and loads of inspiration

On behalf of the Editorial Committee,

Jerzy Samochowiec

Katarzyna Cyranka