

## FROM EDITORS

Dear Readers,

The year 2020 marks the 100th anniversary of the Polish Psychiatric Association.

We would therefore like to begin this issue with a review by D. Palumbo and S. Galderisi – (Past President of the European Psychiatric Association) from Naples, Italy, on “Controversial issues in current definitions of mental health”. The paper focuses on recently proposed mental health definitions, with a particular emphasis on mental health normative criteria involved in each of them.

The next paper, “War trauma and self-help” by P. Piotrowski et al., is an attempt to analyze the frontline soldier drawings, inscriptions and the author’s text entitled “In the time of war”, as a form of self-help.

Following, we would like to present you with a paper by E. Sumskiene and M. Nemanyte from Latvia, entitled “Discursive exploitation or actual impact: Mental health anti-stigma campaigns in the post-communist area”, covering eight post-Communist countries (Lithuania, Slovenia, Hungary, Croatia, Serbia, Romania, the Czech Republic, and Georgia).

In the next very interesting paper, K. Bliźniewska-Kowalska et al. summarize current knowledge on “Antidepressant use in Poland in the years 2010-2018”, stressing SSRIs’ key role in the treatment of depressive disorders and chronic anxiety. The number of SSRIs used by patients has more than doubled over the last 8 years. A similar trend related to a constantly growing number of antidepressants used is also observed in other European countries and in the United States of America.

Following paper by M. Skalski changes the subject matter to comorbidity of somatic and psychiatric disorders and investigates the “Symptoms of overactive bladder (OAB) and severity of depressive symptoms in patients treated for depression”. Comorbidity of OAB and depression has clinical significance and that should enhance interdisciplinary treatment approaches.

Next, A. Turek et al. reflect upon “Violent behaviour as a result of delirium superimposed on dementia in the course of primary central nervous system lymphoma”.

In the next article, M.F. Moghadam et al. consider reduced cognitive function to be one of the problems caused by aging, leading to reduced performance of the elderly and seek to explore “The effects of transcranial Direct Current Stimulation on working memory in the elderly with normal cognitive impairments”.

Opioid addiction is nowadays a raising problem in the USA and some other countries. Therefore, the next article will share clinical experience concerning substitution therapy: “Opioid withdrawal and its stabilization on sublingual buprenorphine in intravenous drug users: a south Gujarat perspective” by S.S. Nemlekar.

Next, E.S.Damirchi invites us to ponder upon the timely problem of the effects of computer games on human brain in the article “The prediction of tendency to Computer Games based on The Brain – Behavioral functions, Cognitive Flexibility and sensation seeking in students”.

Finally, we welcome you to consider the burnout syndrome among psychiatric nurses, which is an important issue nowadays in time of shortage of nursing staff. “Relationship between emotion-

al display rules, emotional labour, demands of interpersonal interactions and burnout, and work engagement among psychiatric nurses” by B. Lachowska and K. Minda sheds some light upon this critical matter.

Have a great read.

**On behalf of the Editorial Committee,  
Jerzy Samochowiec  
Katarzyna Cyranka**