

## FROM EDITORS

Dear Readers,

There is no doubt that 2023 has inflicted more war, hardships and frustrations upon our world than anyone could have predicted, but we are ready to embrace any and all things that 2024 has to offer.

Here are some insights, hopes and dreams for the New Year and the upcoming Christmas: on behalf of the entire Editorial Office of the Archives in Psychiatry and Psychotherapy, I would like to wish you, Dear Readers, peace, creative thinking and health. May the Holiday Season be merry, prosperous and rich in inspirations for compelling future works.

Meanwhile, this current issue of the APP abounds with interesting reads.

We would like to open with “Social cognition and attachment profiles of women with fibromyalgia syndrome (FM): a case-control study” by Beycan Ayhan et al. from Turkey.

In this study, the authors aimed to examine social cognitive and attachment profiles of FM patients. FM patients may have no social cognition impairments, especially in lack of any psychiatric comorbidities. Moreover, they may suffer from the avoidant type of insecure attachment, which may further affect social support seeking behavior they display. The authors conclude that attachment-based interventions may be important in the treatment of the FM Syndrome.

Next, we would like to invite you to take a look at “Attachment relationship and oxytocin among people addicted to alcohol – a literature review”, a theoretical paper by Dawid Subocz.

The ability to build satisfactory interpersonal relationships is a protective factor against alcohol use. The article indicates the role that oxytocin plays in building interpersonal relationships and the possibility of its use in addiction therapy.

The following article by Marcin Ferdynus outlines “Five reasons why a conversational artificial intelligence (CAI) cannot be treated as a moral agent in psychotherapy”. The author argues that CAI lacks at least five basic attributes or abilities (phenomenal consciousness, intentionality, ethical reflection, prudence, conscience) that would allow it to be defined as a moral agent.

In the next theoretical paper, Adam Kucharski presents “Positive and negative aspects of employing humor in psychotherapy”. The purpose of this article is to analyse the phenomenon of humor in therapy.

The next article by Usha Barahmand is a research study entitled “linking disgust and misophonia: the role of mental contamination”. In the study, the authors sought to examine whether the link between moral and sexual disgust and misophonia is mediated by mental contamination.

The following three papers present research related to COVID-19 and its consequences.

“The level of depression, anxiety and job satisfaction among young Contact Centre employees during the COVID-19 pandemic” by Małgorzata Juraś-Darowny et al. investigates the relationships between symptoms of depression and the levels of stress, anxiety and job satisfaction among Contact Centre employees and internal employees.

In a work on “Self-harm behaviors before and during the COVID-19 pandemic in a high-risk group”, Hillary Kingman from Palo Alto University USA et al.:

sought to investigate the impact of the pandemic on the likelihood of engaging in self-harm behaviors in a high-risk group, especially in light of the statistics suggesting that the COVID-19 has adversely affected the mental health of most populations and communities. The authors conclude that

providers should be mindful of the potential of self-harming in the pandemic era, especially among those with existing risk factors.

The following article by Mateusz Łuc et al. "Determinants of sleep disturbances in chronically-ill patients during the COVID-19 pandemic" touches upon the sensitive issue of circadian rhythm.

The last (but not least ) article by Krzysztof Rudkowski on "The role of inflammatory processes in the etiopathogenesis of schizophrenia" aims to summarize current evidence on the potential biological mechanisms linking inflammatory processes to the etiopathogenesis of schizophrenia.

**Have a great read!**

On behalf of the Editorial Committee

**Katarzyna Cyranka**

**Jerzy Samochowiec**