

FROM EDITORS

Dear Readers,

We would like to open this second issue of Archives of Psychiatry and Psychotherapy with a motto that was one of the key topics of this year's European Psychiatric Association (EPA) Congress in Warsaw (the first one to be held in Poland and record-breaking in many respects – also in terms of attendance, with the whopping 4300 mental health professionals participating in the event), namely: "Transitions in psychiatry," shifting mental health services towards community psychiatry models and promoting early detection and treatment of at-risk states of psychosis.

Early identification and timely intervention are crucial issues in contemporary psychiatry, both in terms of improved outcome and optimal treatment delivery as well as service reform.

In a short overview, Prof. Raballo and his team will offer an updated conceptual map of the field.

While interpretations are a key technique distinguishing psychodynamic therapies from many other treatment modalities, we invite you to read the next article by Maneet Bhatia et al., who found a few associations between the language used by the therapist and patient functioning. In the following article, M. Walecka et al. present assessment of neuropsychological functioning in adults with autism spectrum disorders. Having analysed selected domains of cognitive functioning in adult ASD individuals, they conclude that the most consistent findings in this group are connected to central coherence and cognitive flexibility, which, in turn, affect social functions and repetitive behavioral patterns – two core issues of ASD patients.

The aim of the next study by Sylwia Michałowska et al. was to investigate the relationship between styles of coping with stress and the level of anxiety in patients with cancer. Cancer patients manifest high levels of anxiety, with those using emotion-oriented coping reporting greater anxiety than those relying mainly on task-oriented or avoidance-oriented coping.

In the subsequent article, Lony Schiltz explores Lasting inhibition of creativity in highly gifted underachievers: therapeutic reflections based on negative results of a pedagogical project. Pedagogical and psychotherapeutic measures emerging from this study convey that music psychotherapy combined with verbal psychotherapy focused on mentalisation could on the one hand disinhibit creativity and intrinsic motivation, and on the other develop self-determination as well as the capacity of imaginary and symbolic elaboration, allowing to improve coping with the stress of everyday life and tolerance of frustrations.

Harshil Yogesh Chauhan and colleagues identify comprehensive effects of antidepressant treatment in patients with type 2 diabetes mellitus and co-morbid depression. What follows is that antidepressants can effectively treat depression and reduce diabetes-related distress in patients with type 2 diabetes mellitus. Beneficial effects are noted on glycemic parameters as well.

The fundamental problem of the effect of bullying on depressive symptoms in adolescents is raised by Albanian researchers, Eglantina Dervishi and her team. According to their study, being either a victim or a bully seems to increase the likelihood of being affected by depression. In this aspect, variables such as age, gender and academic achievement seem to have no significant effect on the bullying-depression binomial function.

Personality traits are not the most important factor influencing the choice of the professional path in young Polish doctors. Contrary to the stereotypes prevailing in the medical environment, also among

specialist doctors, the personality-related differences are not all that obvious. The results of this interesting study can be found in the article by Aneta Kuriata et al. And finally The effect of self-regulation empowerment program training on neurocognitive and social skills in students with dyscalculia by Ebrahim Rahbar Karbasdehi et al.

With the new season, we are preparing for spring cleaning and some remodelling, and are proud to announce that APP hereby proposes the Online First service.

The very interesting article published that way is Coping with stress and hypertension-mediated organ damage by Lech Popiołek et al., who investigate the differences of stress management among patients with hypertension.

What exactly is Online First?

These are newly published articles within a journal not yet assigned to a print issue, but available online. The Online First service lets users access peer-reviewed articles well before print publication. These articles are searchable and citable by their DOI (Digital Object Identifier). With Online First publication the time it takes for critical discoveries to reach the research community is significantly reduced. Users will be able to access online first articles via the separate page.

Have a great read!

On behalf of the Editorial Committee,

Jerzy Samochowiec

Katarzyna Cyranka



**Ministerstwo Nauki
i Szkolnictwa Wyższego**

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